Good accommodation on and around the Hardangervidda mountain plateau

You will find a series of places to stay and eat along the national road 7 and within the plateau. Most of these places are privately-owned, but there are also several lodges that belong to the Norwegian Trekking Association (DNT) or DNT’s Bergen branch. Several places are serviced during the season, while others are self-service lodges. See their websites or www.ut.no for more information about opening times, etc.

HOTELS
- Eidfjord Fjell & Fjord Hotel +47 53 66 52 64
- Fossli Hotel +47 53 66 57 77
- Quality Hotel & Resort Vøringfoss +47 53 67 41 00
- Rauhelleren
- Kjeldebu (self-service)
- Hadlaskard (self-service)
- Finsehytta +47 56 52 67 32

CAMPING, HUTS AND ROOMS
- Berghissen Turisthytte +47 99 16 91 03
- Blumes holiday home +47 93 23 91 33
- Bruheim Camping +47 98 41 08 83
- Eidfjord Gjestgiveri +47 53 66 53 46
- Fjølperlen holiday home +47 97 54 82 05
- Garen Camping/Grocery store +47 53 66 57 25
- Garen Gaard og holiday home +47 97 54 82 05
- Liseth Pensjonat og Hyttetun +47 53 66 57 14
- Øystre Tofte Kafe +47 95 48 11 79
- Vik Pensjonat & Hytter +47 53 66 51 62

HUT LAND AND HUT SERVICES
- Maurseth Utvikling +47 90 14 02 34
- Vøringfoss Egedom AS +47 98 66 50 16

TRANSPORT
- Eidfjord Taxi +47 90 69 10 75
- Eidfjord Turbil +47 90 19 54 83

CAR RENTAL
- Eidfjord Utleige AS +47 53 66 54 73
- (TK-Eidfjord)

A multitude of outdoor adventure possibilities!

In Eidfjord you find large contrasts and a rich variety of outdoor adventure possibilities. By the fjord, on glaciers, and on mountains and plateaus. By foot, on water, by bike or on horseback. There are many possibilities and experiences for those who like adventure! You can find more information at www.visiteidfjord.no

Have a nice trip!

OPENING HOURS

2.1.-30.4. and 1.9.-31.12:
Mon-fri: 9am - 6pm
1.5.-31.5.:
Mon-fri: 9am - 6pm
1.6.-14.6. and 16.8.-31.8:
Mon-fri: 9am - 6pm / Sat: 10am - 6pm
15.6.-15.8.:
Mon-fri: 9am - 7pm / Sat: 10am - 6pm
Sun: 11am - 6pm

DESTINASJON EIDFJORD/EIDFJORD TOURIST INFORMATION OFFICE
Visiting address: Østvangvegen 1, 5783 Eidfjord
Postal address: Postboks 74, 5786 Eidfjord
Tel: +47 53 67 34 00 / Fax: +47 53 67 34 01
turistinfo@visiteidfjord.no

Hiking pleasures in Eidfjord
HARDANGERFJORD – for everyone!
THE ENJOYMENT OF HIKING ON NORTHERN EUROPE’S LARGEST HIGH MOUNTAIN PLATEAU

Experience magnificent nature and rich flora and fauna along mountain roads and trails or in the wilderness

Hiking at your own pace

We have three valleys in Eidfjord leading from the fjord to the mountains: Simadal, Hjelmadalen and Måbødalen. Our ancestors laid stone paths through the valleys so that they could utilize the resources found in the mountains. You can still find evidence for the existence of our ancestors. For example, animal trapping pits and old stone huts. The former transport routes are still well preserved, and it is with great respect to our ancestors that today we can utilize these routes.

There are a variety of hiking opportunities on and around the Hardangervidda. From shorter, family-friendly mountain tours and hikes from mountain lodge to mountain lodge in flat terrain, to challenging summit tours. Use this leaflet to plan a longer tour. You are guaranteed to experience the tranquility of nature that will calm the soul. Buy a detailed map and read about the Hardangervidda mountain plateau before you start your hiking trip. This will enhance your enjoyment and your experiences.

Hikes with knowledgeable mountain guides on and around the Hardangervidda mountain plateau

Do you dream of original mountain experiences with people who know the mountains? We are three companies who work in the mountains and have accumulated knowledge of the mountain plateau since childhood. Through our co-operation we can offer a variety of experiences in the mountains that you will not forget, from three-day tours, a day trip or a tour of just a few hours.

We guarantee mountain experiences where you use all your senses. Come and hear, smell, feel, taste and see! Welcome to our mountain kingdom!

Eidfjord Aktiv AS – Tel: +47 90276395
Dyranut Fjellstova AS – Tel: +47 94835430
Varbergstunet – Tel: +47 95905343

Biking close to nature

Riding bikes is very popular on the Hardangervidda. You get an extra closeness with nature. The gravel road Tinnhalsvegen to Trollsby/Tinnhalsen lake, and the path to “Byen” have a total length of 15 kilometres and take you a long way into the national park. Isdalsvegen is another popular alternative. If you like a demanding and challenging ride then you should try the old road up the Måbødalen valley (five kilometres) or the road up from Øvre Eidfjord, the Hjelmadalen valley to 900 metres above seallevel (ten kilometres). Remember to respect the natural environment. Ask at the tourist information office for the condition and state of these roads before you start the tour!

Public rights of way – “Allemannsretten”

Members of the public are allowed to roam and camp freely in the countryside. This applies to forests and mountains, and by the fjord, rivers and lakes, irrespective of who the landowner is. You can pick berries, mushrooms and flowers, and catch saltwater fish for free in the fjord. You shall always behave responsibly and respect the natural environment.
**PLAN YOUR HIKE WELL IN ADVANCE**

It is important to think about what to pack in your backpack. The weather can change very quickly and you can experience all four seasons in the course of a few hours.

Tell someone you know where you will hike to and remember that there will not be a mobile phone signal everywhere in the mountains. Distances and times of hikes given in this leaflet are just estimates. When hiking with children we recommend adding more time for your walk. Remember that the hiking season on the Hardangervidda mountain plateau starts in July. Only then are the mountain lodges open, the bridges useable, and the roads to Tinnhelen and Hjelmaferget open to traffic.

**At** [www.turistforeningen.no](http://www.turistforeningen.no) and [www.ut.no](http://www.ut.no) you can find lots of useful advice with descriptions of the mountain lodges and routes. You will need a DNT-key for the self-service and un-serviced cabins, and you will have to pay for your stay and food. This is done by means of a payment authorization or you can deposit an envelope with cash at the cabin. You can buy membership of the DNT and rent a DNT-key at the tourist information office.

**Be careful with fire**
Please note that making a camp fire is prohibited on uncultivated land between April 15 and September 15. If you need to make a fire for coffee and food preparation then you must make the fire on damp sand or gravel and put stones around it. Don’t make a camp fire on flat rocks; the heat can break the rock. Make sure that the fire is completely extinguished before you continue your hike.

**Your dog – your companion**
You can take your four-legged friend with you on a hiking tour, but please remember that generally in the period between April 1 and August 20 the dog has to be on a leash. Where cattle are grazing on uncultivated land, this policy applies from April 1st to December 1st. On cultivated land this policy applies all year round. Pay attention to game and livestock. Remember that some people are afraid of, or allergic to, dogs. Most of the mountain lodges have suitable facilities for the accommodation of dogs.
SIMADALEN - KJÆSSEN - SIMADALEN (2-4h return) Drive to the Sima power plant, park your car in the parking lot, look for the "Kjæslen" and follow the path along the fjord until you can see a little red cottage. Here the trail starts. The path continues steep uphill, partly also on ladders. Close to the top is a stone staircase, and you’ll see the farm. The trip is suitable for all summer long from approx. May 15th to October (the path has to be free of snow).

STOREGJEL - VØRINGFOSSEN - STOREGJEL (3-6h return) This is a great hike where you can experience the view of the Vøringfossen waterfall from below. Park your car on the side road at Storegjel, between the second and third tunnel in the Måbødalen valley (upper exit of the Måbøtunnel). Follow the footpath approximately 300 meters down the old road. By the turn there is a sign to "Vøringfossen", and there the footpath starts to descend to the river. Follow the path towards the waterfall and walk over a suspension bridge. Only one person at a time can cross the suspension bridge. Be aware that the area by the waterfall is very slippery because of splashing water. The footpath towards the waterfall goes partly over unstable rocks, so please be careful. This hike is possible from approximately May 15 until October (the path has to be free of snow).

MÅBØ MUSEUM - MÅBØBERGET - VØRINGFOSSEN - MÅBØ MUSEUM (3-4h return) This is one of the old paths leading up from Eidfjord onto the Hardangervidda plateau. The hike starts at Måbø museum, continue further into the valley and cross the bridge over the river. Here begins a zigzag climb up, approximately 1,300 well preserved steps towards the top. On top of the mountain, follow the footpath and arrive at the Vøringfossen Cafe. From here you can follow the old road back to Måbø museum (approximately five kilometers). Ask at the tourist information office about the condition and state of the old road, and if the road is open, before you start the hike. This hike is possible from the end of June until September. We recommend taking some drinking water.

HJØLMBERGET - VIVELID/VALUFOSSEN - HJØLMBERGET (3h return) This is a magnificent view over the popular Måbødalen valley. In the little village Eidfjord you head for Hjelmo and follow this road (not suitable for vehicles longer than six meters) for approximately 10 kilometers through dramatic scenery, which make this drive an experience in itself. From here the turning towards Vøringfossen waterfall in on your right-hand side. Park your car on the upper car park at Hjølmb ergen (by the river Berdal), and follow the marked footpath for approximately one-and-a-half hours to Viveli. Have a coffee and a bite to eat at Vivelid Cafe. Now the turning to the same path for buses and trails. Walk down from Vivelid via the Valufossen waterfall, which falls 272 meters into the Hjølma dalen valley. This footpath is partly unnanned and it will take you a bit longer to finish your tour.

HJØLMBERGET - VIVELID - FLJODAL - SÅFELJ ÕL - HJØLMBERGET (4h round-trip) Follow the first part of the approximately one-and-a-half hour hike to Vivelid (see the description of the Hjølmbergen – Vivelid – Hjølmbergen route). Continue for 30 minutes until you reach the lake Hølmos. From here there is a steep walk up to the Skrubbbamame and across a "summer" bridge over the creek. You continue past the turning towards Liseth and walk via the Storåseta (Såfelj Õl) mountain, where you can enjoy fabulous views of the surrounding mountains and fjords. From Såfelj Õl the path continues towards the footpath from Viveli. Continue on that path and past another turning from Liseth. There you will walk further down the wood walk to the back car, which takes you approximately two hours.

COMBINED HIKE AND MINIBUS: DYRANUT - BJORDEALDEN - TRØNDBU - TINNHOLVEGGEN - DYRANUT (4h round-trip) This is a great hike suitable for families in easy terrain. Recommended for those who are interested in bird watching or fishing. When you walk through the bird reservation you must keep to the marked trails. It is prohibited to walk outside of the footpath. The Bjoereio river is ideal for rod fishing, but remember to buy a fishing licence! You can park your car at the Dyranut mountain lodge, on the "roof of Norway" - the Hardangervidda mountain plateau. Follow a marked footpath down to the left end of Vete Slettsjøen, then down into the Bjoerdeladalen valley to the bridge by Nybu, approximately one hour away. From here you can follow the path called "Stor Nordmannssløet" on the north side of the river Svindu up to the road and to Bjoerdeladshaugda, approximately 30 minutes away. From here you can walk along the footpath and the Tinnholvogen road for approximately two hours to the Trøndbu Turisthytte mountain lodge, which serves food. Check the opening hours. Then take the Viddabussen minibus from Trøndbu/Tinnhølen back to Dyranut.

TINNHOLVEN - STIGTVU - BJORDEALSHØGDA - TINNHOLVEN (5-6h round-trip) This is a great hike in easy terrain. Drive on the Tinnhølvegen road to the car park at Lake Tinnhølen or take the Tinnhøllen bus. Follow the marked footpath to the Stigtvu mountain lodge, which takes approximately One-and-a-half hours. Then continue on the path towards Bjoerdalshøgda, which takes approximately two-and-a-half hours, and thereafter the Tinnhølle travel and gravel road back to Trøndbu/Tinnhølen, which takes approximately two hours. Both Trøndbu Turisthytte and Stigtvu Turisthytte mountain lodges offer food. Check the opening hours. If this walk is too long, you can walk from Stigtvu back to the car park, making the walk three hours in total.

COMBINED BIKE RIDE AND HIKE: DYRANUT - TRØNDBU - STIGTVU - DRØYANUT (5h return) This is a fabulous one-day hike and bike ride. You park your car at the Dyranut mountain lodge. Ride your bike for approximately one kilometre on route 7 and take the Tinnhølven road by Trædalen. Ride your bike 11 kilometres to the Trøndbu mountain lodge by the Tinnhølven lake, and then turn right for approximately five kilometres to "Bigen". From here you have to walk to the Støgsvatn mountain lodge, which takes about one hour. Both Trøndbu Turisthytte and Stigtvu Turisthytte mountain lodges offer food. Check the opening hours. Go back the same way. Alternatively you can cycle from the Tinnhølven mountain lodge down to the footpath and gravel road back to Trøndbu/Tinnhølen, where there and back approximately two-and-a-half hours each way), and then ride your bike back to Dyranut.

HIKE TO SANDHAUG/BESSO WITH ANGLING IN NORMANNSLAGEN (2 - 3 days) Enjoy the Hardangervidda mountain plateau at its best! Drive the Tinnhølvegen road and park your car at the car park by Tinnhølen lake or take the Viddabussen minibuses. Walk on a marked trail from Tinnhølen to the Sandhaug mountain lodge, which takes approximately four hours, or to Besso, which takes approximately five-and-a-half hours. We recommend that you stay one night at Besso and eat at the Besso mountain lodge or at the Besso mountain lodge, and spend a whole day angling at the Normannslegene lake. You can buy a fishing license for the state-owned land "Statalsanlønneren" at the mountain lodge or at the tourist information office. Return to Trøndbu/Tinnhølen.

HALNE - KRÅKKJA - FAGERHEIM (3h one-way) Start by Halne, follow a narrow pass and then the marked footpath from Stigtvu and Dyranut. Follow the footpath and the signs to Kråkkja, past the turning towards Kjöldjø, and then on past the turning towards Finse. From here it is just a short walk to Kråkkja. From Kråkkja the hike continues, taking approximately one-and-a-half hours to Fagerheim. At Fagerheim Fjellbu mountain lodge you can enjoy a nice dinner before you take the bus back to Halne.

HALNE - SKAUPA - RAUHHELLE REN (4h one-way and boat trip) Start at Halne. Take a narrow pass and then the marked footpath from Stigtvu and Dyranut. Follow the footpath and the signs to Kråkkja, past the turning towards Kjöldjø, and then on past the turning towards Finse. From here it is just a short walk to Kråkkja. From Kråkkja the hike continues, taking approximately one-and-a-half hours to Fagerheim. At Fagerheim Fjellbu mountain lodge you can enjoy a nice dinner before you take the bus back to Halne.

GENERAL INFORMATION ABOUT THE TRIPS ON THE HARDANGERVIDDAN PLATEAU

Train over the Hardangervidda: Bergen-Voss-Finse-Gello-Oslo. Check the train schedules on www.ssb.no.

Skyss bus 991 Odda-Geilo/Oslo crosses the Hardangervidda throughout the summer. Ask for the bus to "Fra Fjellbygden" and it will take you to the Dyranut Turisthytte mountain lodge.

Viddabussen is a minibus which operates on the Dyranut-Trøndbu/Tinnhølen-Dyranut route in the summer and connects with Skyss bus 991 on the Odda-Geilo-Odda route. Ask for schedules for the Viddabussen at the tourist information office.

The Tinnhølvegen road is a public toll road. You exit route 7 approximately 1 km from the mountain lodge. You can take your four-legged friend with you on a hiking tour, but please remember to keep the dog on a leash. You can take your four-legged friend on a hiking tour, but please remember to keep the dog on a leash. You can take your four-legged friend on a hiking tour, but please remember to keep the dog on a leash. You can take your four-legged friend on a hiking tour, but please remember to keep the dog on a leash.